The Vancouver Island Trail Association (VIITA) is a volunteer, nonprofit organization aimed at maintaining and developing a network of multi-use trails throughout Vancouver Island.

The Cumberland to Strathcona Dam section of the VI Trail involves the use of well-established trails and some developed logging roads. The following trail map provides the route for the overall trip from Cumberland to Strathcona Dam, highlighting logging roads, logging trails, and other trail features.

From Cumberland, the route follows the old Cowichan Railway grade to near Comox Lake, then a series of logging roads and trails as far as Oyster River. From there, the SI Trail follows the Oyster River to the bridge over the Forks Bridge as if it were a trail, before climbing up to Cumberland Dam, passing through a series of mountain bike trails. From the parking area of the former Port Alberni Dam, to the north boundary of Cumberland Dam, the VI Trail follows SCV trails across the Park and past former campgrounds at MacKenzie, Hues, and Climbin Lades.

Across the excelled Strathcona Dam and the trail between Strathcona Park and Strathcona Dam (where some lands are), the VI Trail follows the old SCV trail to the proper bridge between logging roads [where there is an upper and lower trail]. Beyond Stettler Creek and Lake and the Gold River Highway 28, logging roads in excess privately to the proximate bridge must be used at the time.

As most of this section is quite remote, there are no resurfaces, falls, or other obstacles. There are no rivers to ford in this section.

There are several trails in the area for mountain biking, hiking, and other outdoor activities. Access to the Trail and passage along at least one of the trails requires a permit to ensure the safety of all users. For more information on permits and trail conditions, please consult the VIITA website or call (250) 638-7272.

VIITA welcomes input from all users of the VI Trail, including information on trail conditions and needed trail maintenance. Send comments to: via@iows.com.